

Muscogee (Creek) Nation Food & Fitness Policy Council

Mission Statement

A movement for food sovereignty-the people's democratic control of the food system, the right of all people to healthy, culturally appropriate food produced through ecologically sound and sustainable methods, and their right to define their own food and agricultural systems.

Muscogee (Creek) Nation Food & Fitness Policy Council

Officers

Chairperson: Rita Williams

Vice-Chair: Richard Belcher

Secretary: Sheree Edmondson

Muscogee (Creek) Nation Food & Fitness Policy Council

Johnnie Brasuell - Manager, Diabetes Program

Sharon Iverson - Dietician, MCN Health Systems, Coweta

Betty Smith - Head Start Director

Barbara O'Neal - Childcare Manager

David Hogner - Indian Health System

Whitney Mayhew - National Council

Duane Meadows - Exercise Program Manager, MCN Diabetes Program, Sapulpa

Lou Tilley - Manager, Elderly Nutrition Program

Connie Fox - WIC program

Richard Belcher - Community Farmer

David Dunson - Assistant to the Second Chief

About the MCN FFPC

The Muscogee (Creek) Nation Food and Fitness Policy Council has been endorsed through Tribal legislation that supports food security and food sustain ability for the people we serve.

The MCNFFPC meets once a month to address their goals and objectives as outlined and have participated in tribal events this summer in awareness campaigns to address to childhood obesity.

MCNFFPC approaches the food systems from the standpoint of being chemically unhealthy,

high risk of salmonella, ecoli, and other bacteria. Foods distributed to our supermarkets travels over 1400 miles. The nutritional value of the vegetables and fruits sold in our supermarkets deplete and are treated to have the look of freshness and to stay preserved for days.

Consumers are educated to the fact that healthy fresh grown vegetables are the best choices for them and there is a need for more growers in local towns and cities. Much of the meat that we consume is injected with unhealthy hormones and dyes that flow through our arteries and veins that sometimes the body cannot digest.

The Policy Council addresses the ever increasing health disparities of native people, and their need for better fitness and a good diet.

Food is the center of our traditional lifestyles. How we extend our hospitality and respect to visitors is through food and at the heart of our culture.

There is a need for tribal communities to exercise their food sovereignty rights to grow their own healthy foods and livestock to regain the common health for themselves, their children, grandchildren and future of our nation.

MCN FFPC Meetings:

The MCN FFPC meet the 2nd Wednesday of the month at 3 p.m. at the offices of Mvskoke Food Sovereignty Initiative, located at 100 E. 7th St., Ste. 101, Okmulgee, OK 74447

MCN FFPC Contact:

For more information on the Muscogee (Creek) Nation Food & Fitness Policy Council please contact Rita Williams at (918) 759-1891 or MFSI at (918) 756-5915.